



Hellenic
Spine
Society

Diploma of the Hellenic Spine Society

(equivalent to the Eurospine Diploma)

MODULE 4: TRAUMA

30 MAY 2026

**Athens Medical Group Amphitheater
Kefalari Square, Athens, Greece**



ΟΜΙΛΟΣ ΙΑΤΡΙΚΟΥ
ΑΘΗΝΩΝ

Πάντα ένα βήμα μπροστά!

The Panhellenic Medical Association will grant credit points
of Continuing Medical Education (ECMECs)

Course Manager

Ioannis Magras

Professor of Neurosurgery

SCIENTIFIC PROGRAMME

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SECRETARIAT



info@mk-premium.com, Tel. +357 99812240
Tel. +30 2310226250, www.mk-premium.com

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COURSE MANAGER

Ioannis Magras

COURSE CHAIR

Parmenion Tsitsopoulos

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LEARNING OUTCOMES

MODULE 4

1. Select & interpret appropriate x-ray, CT and MRI in spinal trauma
2. Classify fractures of C0-2, subaxial C-spine, TL-spine and sacrum
3. Compare surgical and conservative treatment methods at different levels, including C0-2, subaxial C, TL and sacrum
4. Define special features of conditions including AS, osteoporosis and trauma of the immature spine
5. Plan how to prevent complications in spinal trauma
6. Describe characteristics of spinal shock and spinal cord injury syndromes

DETAILED LEARNING OUTCOMES:

SESSION 1 - TRAUMA CERVICAL SPINE

Imaging of Cervical Trauma

- Select appropriate imaging for suspected cervical spinal injury
- Evaluate options for x-ray views
- Select CT and/or MRI as appropriate
- Differentiate between requirements following major and minor cervical spine trauma

Trauma of C0-C2:

Classification & Management

- Define the role of ligaments in cervical spine stability
- Classify and relate to treatment
- Occipital condyle fractures
- Occipito-cervical dislocation
- Occipito-atlantal dislocation
- Axial atlanto-axial Instability
- Atlas (C1) fracture
- Axis (C2) fracture
- Traumatic spondylolisthesis C2

Trauma of Subaxial C- Spine:

Classification & Management

- Estimate the incidence of and classify using the AO classification
- Use other classifications to determine treatment and prognosis
- Anticipate diagnostic pitfalls
- Evaluate non-surgical management options and when appropriate
- Recognise indications for surgical management
- Emergency
- Urgent
- Elective
- Justify different surgical approaches (anterior vs posterior, combined ant-post or post - ant)

SESSION 2 - TRAUMA THORACOLUMBAR SPINE

Imaging of Thoracic/Thoracolumbar Trauma

- Use the AO classification system
- Select appropriate imaging for major and minor trauma
- Identify specific conditions with compromised spinal function
- Assess radiological images
- Define the indications of CT and MRI as appropriate

Trauma of TL spine: classification & management

- Recognise the signs and symptoms of TL spine trauma
- Differentiate Denis, AO and TLICS classifications
- Explain the role of PLC for burst fractures, hematological, nutritional and metabolic
- Evaluate surgical techniques

Sacral and spinopelvic Fractures: classification & management

- Describe the relevant anatomy
- Differentiate sacral fracture types
- Use the AO classification
- Recognize signs and symptoms of sacral and spinopelvic fractures
- Compare surgical vs conservative treatment
- Evaluate surgical options

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Trauma of Spine with Ankylosing Spondylitis and DISH: features & management

- Explain the aetiology of ankylosing spondylitis and DISH
- Define the role of the spine surgeon in AS and DISH
- Formulate a surgical management plan for AS and DISH fractures
- Anticipate particular difficulties in this patient population
- Explain what kind of imaging is mandatory and why

Osteoporotic Fractures: Classification & Management

- Define osteoporosis
- Describe medical management of osteoporosis
- Summarize the diagnosis of osteoporotic fractures
- Use the AO Spine osteoporotic fracture classification systems
- Evaluate surgical options
- Outline the indications for vertebral augmentation procedures
- Outline indications for spinal instrumentation ± VBR

SESSION 3 - PAEDIATRIC TRAUMA AND SCI TOPICS

Paediatric Spinal Trauma: features & management

- Outline features of the immature cervical and thoracolumbar spine
- Define SCIWORA/SCIWORET
- Explain mechanism of:
 - o C-spine injury
 - o Lumbar apophyseal injuries
- Plan appropriate investigations and management of injuries

Spinal Shock and Incomplete SCI Syndromes

- Explain spinal shock and its pathomechanism
- Define the different types of incomplete spinal cord injury
- Classify SCI by using the ASIA impairment scale and explain its clinical and surgical relevance
- Describe the clinical symptoms and pathomechanism of Central Cord Syndrome
- Discuss the importance of timing for surgery
- Explain the possible role of methylprednisolone in SCI

Biomaterials in Spine Surgery

- Evaluate different biomaterial options in spine surgery
- Evaluate the options for cement stabilisation
- Explain the mechanical behaviour of calcium phosphate and BMP

SESSION 4 - POST-TRAUMATIC KYPHOSIS

Management of Post-Traumatic Kyphosis

- Discuss the reasons of post-traumatic kyphosis
- Formulate therapeutic goals
- Explain how to restore sagittal balance
- Evaluate surgical options
- Justify a multidisciplinary team approach

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SCIENTIFIC PROGRAMME

Module 4: Trauma

Saturday, 30 May 2026

08:30 - 09:00	Course Registration & Welcome Coffee
09:00 - 10:30	Session 1: Trauma in the Cervical Spine
09:00 - 09:10	Introduction J. Magras, P. Tsitsopoulos
09:10 - 09:30	Imaging of Cervical Trauma A. Karantanas
09:30 - 09:50	Trauma of CO-C2: Classification & Management D. Bouramas
09:50 - 10:10	Trauma of Subaxial C-Spine: Classification & Management A. Athanasiou
10:10 - 10:30	Case Discussion Faculty
10:30 - 11:00	Coffee Break
11:00 - 13:00	Session 2: Trauma in the Thoracolumbar Spine and Spinopelvic Area
11:00 - 11:20	Imaging of Thoracic/Thoracolumbar Trauma A. Karantanas
11:20 - 11:40	Trauma of TL Spine: Classification and management N. Mazarakis
11:40 - 12:00	Sacropelvic Fractures: Classification & Management F. Nikolopoulos
12:00 - 12:15	Trauma of Spine with Ankylosing Spondylitis & DISH: Features & Management P. Tsitsopoulos
12:15 - 12:30	Osteoporotic Fractures: Diagnosis & Management S. Stavridis
12:30 - 13:00	Case Discussion Faculty
13:00 - 13:30	Hands-on Session
13:30 - 14:30	Lunch Break (continued hands-on)

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14:30 - 15:50 Session 3: Paediatric Trauma and SCI Topics

14:30 - 14:45	Pediatric Spinal Trauma: Features & Management N. Mazarakis
14:45 - 15:00	Spinal Shock & Incomplete Spinal Cord Injury Syndromes P. Tsitsopoulos
15:00 - 15:20	Biomaterials in Spine Surgery A. Brotis
15:20 - 15:50	Case Discussion Faculty
15:50 - 16:20	Coffee Break

16:20 - 17:10 Session 4: Post-Traumatic Kyphosis

16:20 - 16:40	Management of Post-Traumatic Kyphosis N. Paidakakos
16:40 - 17:00	Case Discussion Faculty
17:00 - 17:10	Closing remarks J. Magras, P. Tsitsopoulos
17:10	End of course

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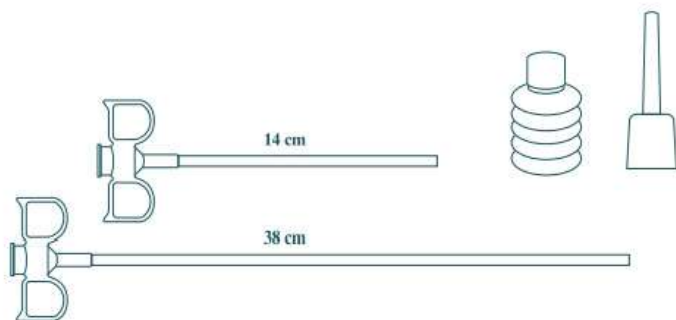
ACKNOWLEDGEMENTS

The Course Manager of the **DHSS Module 4** would like to thank the following companies for their kind contribution to the Course.





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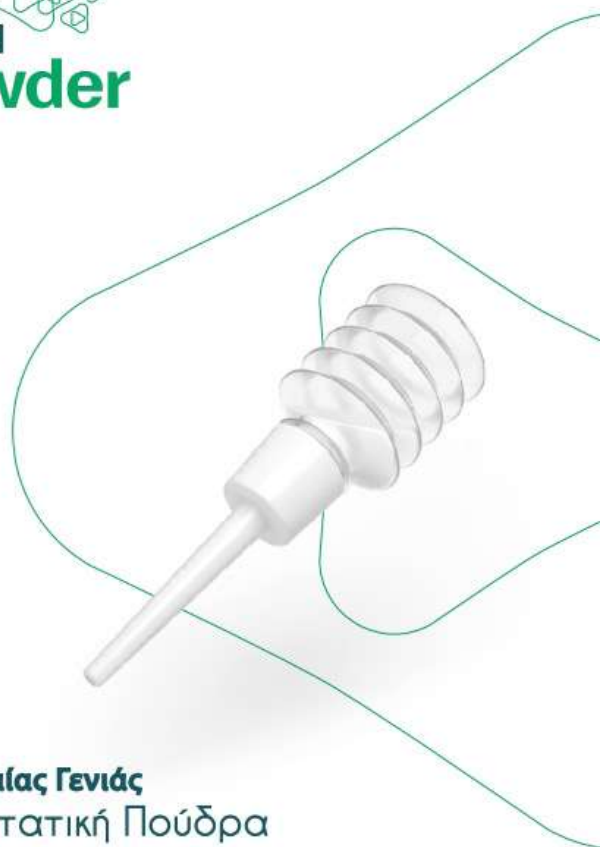
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T 2311 263096, 6978990428,
6986636868, 6957773177

E n.medi.oe@gmail.com

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GENERAL INFORMATION

Module

Module 4: Trauma

Registration Fee

Module 4: 400 euros

Module 3 and 4: 700 euros

Date

30 May 2026

Official Language

English

Accreditation

The Panhellenic Medical Association grants credit 6 points of Continuing Medical Education (ECMECs)

Venue

Athens Medical Group Amphitheater
Kefalari Square, Athens, Greece

Organization

Hellenic Spine Society

Course Secretariat



MK Premium | Congress & Social Events Solutions Ltd

Riga Feraiou & Andrea Zakou, Christina Center

Zip Postal Code 58256, 3732, Limassol, Cyprus

Tel: +35799812240, +302310226250

E-mail: info@mk-premium.com

www.mk-premium.com



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