



HELLENIC  
NEONATAL  
SOCIETY

1<sup>st</sup> NeoMeMo

# First Neonatology Conference: Mediterranean and More



28-29  
November  
2026

Aristotle University Research  
Dissemination Center (KEDEA)



THESSALONIKI  
Greece

PRE-CONGRESS  
PROGRAM

Under the Auspices

UENPS Union of European  
Neonatal & Perinatal  
Societies

15 November 2026

PRE-CONGRESS COURSE:

"FROM THE NICU TO THE COMMUNITY"

Aristotle University Research Dissemination Center (KEDEA)

Secretariat



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Co-Organization





### Organizing Committee

President:

**G. Mitsiakos**

Members:

**A. Konstantinidi**

**V. Varlami**

### Scientific Committee

**A. Konstantinidi**

**G. Mitsiakos**

**G. Papadopoulos**

**S. Siahnidou**

**V. Varlami**

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## SCIENTIFIC PROGRAM

SUNDAY, 15 NOVEMBER

08:30 - 09:00 Registration

09:00 - 09:10 Welcome & Opening Remarks

### SESSION 1

From the NICU to Home: Ensuring a Safe Transition and Continuity of Care

Chairpersons: **F. Anatolitou, K. Katechi**

09:00 - 09:15 From the NICU to Home:  
How Can Continuity of Care Be Ensured?  
**G. Papadopoulos**

09:15 - 09:30 The First Paediatric Visit after NICU Discharge  
**K. Karachristou**

09:30 - 09:50 Discussants: **M. Theodoraki, E. Stamouli**

### SESSION 2

Infection Prevention at Home and in the Community

Chairpersons: **A. Martinopoulou, E. Karavitakis**

09:50 - 10:05 Infection Prevention after Discharge: The Safe Home  
Environment  
**E. Papacharalampous**

10:05 - 10:20 Infection Prevention after Discharge:  
Contacts, Settings & Outings  
**L. Mpaglatzi**

10:20 - 10:30 Discussants: **M. Sterpi, E. Stratiki**



## SCIENTIFIC PROGRAM

SUNDAY, 15 NOVEMBER

### SESSION 3

Prevention of RSV Infection: From Emerging Evidence to Clinical Practice

Chairpersons: **S. Siahianidou, A. Nika**

10:30 - 10:45 RSV Infection in Newborns and Young Infants: Disease Burden and Risk Factors

**E. Charachousou**

10:45 - 11:00 Current Strategies for the Prevention of RSV Infection

**E. Isaakidou**

11:00 - 11:20 Presentation of the Hellenic Neonatal Society Guidelines for the Prevention of RSV Infection ▶▶

**A. Kaffe**

11:20 - 11:40 From Guidelines to Clinical Practice: Implementation, Challenges and Uncertainties

**S. Parastatidou**

11:40 - 12:10 Discussants: **V. Giapros, G. Mitsiakos, A. Galanopoulou**

12:10 - 12:40 Lunch Break

12:40 - 13:10 **SATELLITE**



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## SCIENTIFIC PROGRAM

SUNDAY, 15 NOVEMBER

### SESSION 4

What Should the Pediatrician Look for in Clinical Practice?

Chairpersons: **E. Bouza, A. Konstantinidi**

13:10 - 13:25 Nutrition after NICU Discharge: From Discharge  
Recommendations to Everyday Practice

**C. Kartsounis**

13:25 - 13:40 Growth Assessment after Discharge: Beyond Weight  
Measurement

**K. Velali**

13:40 - 13:55 Neurodevelopmental Surveillance in the Paediatric Office

**A. Drougia**

13:55 - 14:10 Clinical Red Flags after Discharge: When Should the  
Paediatrician Be Concerned?

**V. Varlami**

14:10 - 14:30 Discussants: **E. Diamanti, C. Petropoulou**



## SCIENTIFIC PROGRAM

SUNDAY, 15 NOVEMBER

### SESSION 5

From Knowledge to Practice:  
Interactive Clinical Cases from the Paediatric Office

Chairpersons: **C. Tsakalidis, M. Klavdianou**

14:30 - 14:45 Preterm infant with poor weight gain

**I. Kakatsaki**

14:45 - 15:00 Neonate with a history of bronchopulmonary dysplasia and increased work of breathing

**V. Mpempes**

15:00 - 15:15 Infant with movement asymmetry or muscle tone disorder

**I. Giannakopoulos**

15:15 - 15:30 Discussants: **G. Mavrogiorgos, Th. Mpoutsikou**

15:30 - 15:40 **Key Messages, Conclusions and Closing Remarks**